

## **BREAKFAST MENU**



The Story of Seaway House

In 1860 the Mission for Seafarers Charity opened a chapel for seamen here. Often the priest would row his dingy from the Quay to boats moored in the harbour to preach and to give support to the crew. In 1954 the chapel was decommissioned and converted into apartments until 1995 when the original Oriel restaurant opened.



## BREAKFAST MENU

Served until 11:45am

Breakfast Granola	£6.95
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With berry compote and creamy fat free yoghurt (gfo)

Toast (two slices) or a Teacake £3.50

£1.00 Add a choice of jam or marmalade (gfo)

Bacon or Sausage and Egg Baguette

Lean back bacon or local cumberland sausages with two fried eggs

served in an artisan baquette (gfo)

Scrambled Egg £7.95

Served on a choice of white or granary toast (gfo) Add 2 slices of bacon £2.95 or add smoked salmon £3.00

**Buttermilk Pancakes** £10.95

Served with scrambled egg, crispy bacon, drizzled with maple syrup

Smashed Avocado £8.50

With slow roasted tomato and sautéed mushrooms on granary toast. Add poached eggs, grilled halloumi or smoked salmon £3.00 Add a pinch of chilli flakes? (gfo)

Vegetarian Breakfast

£10.95

£7.50

2 vegetarian sausages, fried egg, hash brown, sautéed mushrooms, baked beans, tomato and a slice of toast or fried bread (v) (afo)

English Breakfast £10.95

Smoked bacon, local cumberland sausage, fried egg, hash brown, sautéed mushrooms, baked beans, tomato and a slice of toast or fried bread (qfo)

Big Breakfast £13.95

2 rashers of smoked bacon, 2 local Cumberland sausages, 2 fried eggs, 2 hash browns, sautéed mushrooms, baked beans, tomato and 2 slices of toast or fried bread (gfo)

Additional items (Including Black Pudding)

each £1.95



## BREAKFAST COCKTAILS

**Bucks Fizz** £7.95 Shanty Bloody Mary

Prosecco and fresh orange juice

Tomato juice, Poole Quay distilled Vodka, fresh lemon, tobasco sauce. Worcestershire sauce, celery salt and a pinch of black pepper

(gfo) Gluten free options available