

## ARTISAN BAGUETTES

*All served with tortilla chips and a salad garnish. Add a handful of fries for £2.50*

<b>Smoked Salmon &amp; Prawn Baguette</b> With lettuce and Marie Rose sauce.	£8.95
<b>Homemade Fish Finger Baguette</b> With lettuce and homemade tartar sauce. (GF)	£8.95
<b>Club Baguette</b> Chargrilled chicken fillet, bacon, lettuce, tomato and mayonnaise.	£8.95
<b>Falafel, Hummus &amp; Feta Cheese Baguette</b> With lettuce and tomato. (V GF VEG)	£7.95

## SIDE ORDERS

<b>Sautéed Mushrooms</b> (V)	£3.95	<b>Garlic Bread</b> (V)	£4.50
<b>Portion of Fries</b> (V)	£4.50	<b>Garlic Bread with Mozzarella</b> (V)	£5.50
<b>Stir-fried Vegetables</b> (V)	£4.50	<b>Crusty Bread and Butter*</b> (V)	£3.50
<b>Mixed Salad</b> (V)	£4.25		

## CHILDREN'S MENU

*Freshly made to order.*

*All our meals are served with a drink (A choice of orange squash, blackcurrant squash, coke or lemonade)*

### MAIN

<b>Fresh Local Butchers' Sausage</b> With fries and baked beans.	£8.95
<b>Chicken Nuggets</b> Served with fries and salad.	£8.95
<b>Freshly Battered Fish Goujons</b> Served with fries and mushy peas.	£8.95
<b>Homemade Tomato Pasta</b> (V) Served with garlic bread.	£8.95

### DESSERT

<b>Ice Cream Sundae</b> Double scoop, choice of Vanilla, Strawberry or Chocolate.	£3.95
<b>Neapolitan</b> Triple scoop of ice cream with sauce & wafer.	£4.50
<b>Fresh Hot Waffle</b> With vanilla ice cream topped with chocolate sauce or toffee sauce.	£4.95

# ORIEL

## MENU

*Separate gluten free and vegan menu available on request*



*The Story of Seaway House*

*In 1860 the Mission for Seafarers Charity opened a chapel for seamen here. Often the priest would row his dinghy from the Quay to boats moored in the harbour to preach and to give support to the crew. In 1954 the chapel was decommissioned and converted into apartments until 1995 when the original Oriel restaurant opened.*

We prepare all dishes fresh to order, and we thank you for your patience during busy times

## NIBBLES

<b>Mixed Olives</b> Marinated with garlic and spices. (V)	<b>£4.50</b>	<b>Fresh Crusty Bread</b> With butter, olive oil and balsamic vinegar. (V)	<b>£4.95</b>
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## STARTERS

<b>Mediterranean Appetiser</b> Freshly prepared tzatziki, hummus, with marinated olives, feta cheese, sweet potato falafel, served with warm pitta. (V)	<b>£6.95</b>	<b>Fresh Mussels</b> Served with crusty bread - choose from the following - Fragrant thai style with coconut cream, lime, garlic, coriander and chilli. - Mariniere cooked in onion, wine, garlic and cream.	<b>£9.50</b>
<b>Garlic Bread (V)</b> Add Cheese	<b>£4.50</b> <b>£1.00</b>	<b>Lyme Bay Scallops</b> Served on a tomato, red onion and basil concasse and finished with balsamic vinegar.	<b>£11.95</b>
<b>Golden fried White Bait</b> Served with homemade tartare sauce.	<b>£8.50</b>	<b>Baked Feta</b> honey glazed with sesame seeds and oregano baked in olive oil served with warm pitta bread	<b>£8.95</b>
<b>Garlic King Prawns</b> King prawn crevettes cooked in our homemade garlic butter served with crusty bread.	<b>£12.95</b>	<b>Crayfish, Prawn and Avocado</b> With our homemade marie rose sauce, lemon mayonnaise and dusted with paprika	<b>£9.95</b>
<b>Mediterranean Bruschetta</b> Fresh tomato, red onion and basil concasse over warm garlic brushed ciabatta drizzled with balsamic vinegar.	<b>£7.95</b>		
<b>Lamb Kofta</b> Traditionally spiced lamb koftas served with our homeade Tzatziki and a salad garnish.	<b>£8.95</b>		

## PASTA

Gluten free pasta available\*

<b>Oriel Special</b> Chicken, bacon and mushroom in a creamy white wine and garlic sauce.	<b>£14.95</b>	<b>Mediterranean</b> Olives, feta, peppers and red onions in a tomato and basil sauce. (V)	<b>£13.95</b>
<b>Thai Chicken</b> Chicken fillet strips, fresh oriental vegetables and linguine in our Thai sauce. (slightly hot)	<b>£14.95</b>	<b>Seafood Linguine</b> Fresh salmon, King prawns, mussels and sea samphire served in a creamy white wine and garlic sauce and topped with crevette. (GF)	<b>£19.95</b>
<b>Thai Vegetable</b> Fresh oriental vegetables and linguine in our Thai sauce. (slightly hot) (V)	<b>£13.95</b>	<b>Crayfish and Tomato</b> Fresh crayfish and cherry tomato linguine pasta served in a light olive oil, garlic and chilli sauce.	<b>£19.95</b>
<b>Carbonara</b> Smoked bacon, parmesan, cream and garlic.	<b>£13.95</b>		

## STIR FRY

<b>Oriental Stir Fry</b> Exciting dishes with oriental vegetables, ginger, garlic, coriander, soy and hoison sauce served with rice. Choose from one of the following:		<b>Thai Stir Fry*</b> (Slightly Hot) With our thai sauce of galangal, ginger, garlic, chilli, coconut cream, coriander and lime served with rice.	
<b>Vegetable &amp; Cashew Nuts (V)</b>	<b>£13.95</b>	<b>Sirloin Steak Strips</b>	<b>£15.95</b>
<b>Chicken Fillet</b>	<b>£14.95</b>	<b>Chicken and Prawn Combo</b>	<b>£16.95</b>
<b>Plump Tiger Prawns</b>	<b>£15.95</b>	<b>Steak &amp; Tiger Prawn</b>	<b>£17.95</b>

## SPECIALS

Our steaks are British reared and all of our sauces are made fresh in house.

<b>Surf n Turf</b> Chargrilled sirloin steak topped with 2 large crevettes and atlantic prawns served in a garlic and cream sauce, served with sautéed mushrooms.	<b>£27.95</b>	<b>Pan Fried Locally Caught Seabass</b> Panfried in olive oil, served with Mediterranean vegetables, salsa verde and crushed new potatoes.	<b>£19.95</b>
<b>Chargrilled Prime Sirloin Steak 10oz</b> British sirloin served with sautéed mushrooms Add our homemade peppercorn sauce.	<b>£24.95</b> <b>£2.95</b>	<b>Oriel Chicken</b> Chicken breast topped with Brookes Farm bacon & mushrooms in a creamy white wine & garlic sauce served with new potatoes and greens. (GF)	<b>£17.95</b>
<b>Scottish Wholetail Scampi</b> Golden fried and served with our homemade tartare sauce.	<b>£14.50</b>	<b>Slow Cooked Lamb Stifado</b> Classic Greek stew in a rich red wine and tomato sauce served with roasted vegetable infused cous cous and warm pitta bread.	<b>£17.95</b>
<b>Mediterranean Omelette</b> Chorizo sausage, cheese, peppers and onions.	<b>£13.95</b>	<b>Moules Mariniere</b> White wine, onion, garlic and fresh cream served with crusty bread.	<b>£16.95</b>
<i>All the above are served with salad and a choice of fries or new potatoes</i>			
<b>Freshly Caught Catch of the Day</b> Served with fries, mushy peas and our homemade tartare sauce.	<b>£14.95</b>	<b>Thai Mussels</b> Thai spices, coconut, coriander, fresh garlic and chilli served with crusty bread.	<b>£16.95</b>
<b>Garlic King Prawns</b> King prawn crevettes cooked in our homemade garlic butter served with a portion of fries and a salad garnish.	<b>£17.95</b>		

## SALADS

<b>Oriel Buddha Bowl (V)</b> Roasted vegetable, lime and chilli cous cous, hummus, avocado, salad and roasted chick peas drizzled with tahini dressing finished with mixed seeds. Add Chicken, Halloumi or Smoked Salmon.	<b>£13.95</b> <b>£3.00</b>	<b>Salmon, Prawn &amp; Avocado Salad</b> Smoked salmon and atlantic prawns served with Marie Rose sauce.	<b>£14.50</b>
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## GOURMET BURGERS

Chargrilled handmade steak or chicken burgers.

<b>Oriel Special</b> Cheddar cheese, Brookes Farm bacon, tomato and lettuce, served with salad and a choice of fries or new potatoes.	<b>£14.95</b>	<b>Homemade Vegan Butternut &amp; Chickpea Patty</b> Vegan lime and coriander mayonnaise, sliced gherkins, served with fries and a mixed leaf garnish. (GF, V)	<b>£13.95</b>
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## STONE BAKED PIZZA

Our pizzas are made with a sourdough base with our homemade tomato sauce and mozzarella.

<b>Oriel Special</b> Cajun chicken, pepperoni, feta cheese, peppers, red onion and olives.	<b>£14.95</b>
<b>Marinara</b> Smoked salmon, prawns, tuna and red onion.	<b>£15.50</b>
<b>Stromboli</b> Double pepperoni. (chillies optional)	<b>£14.50</b>
<b>Margarita</b> Fresh basil, garlic, sliced tomato and mozzarella. (V)	<b>£12.95</b>
<b>Genovese</b> Homemade salsa verde pesto, walnuts and feta cheese. (V)	<b>£14.95</b>
<i>Additional toppings £1.50 each.</i>	

\* Gluten free options available - please ask our staff